



CSA Newsletter | Week # 11

Notes from the Field

Although we may consider ourselves rather unlucky to have experienced the extremely hot and dry summer which we are still enduring and which has inflicted rather steep costs on our farming operation, when we compare our situation in life to many others around the planet, we truly are humbled and feel compelled to count our blessings. The loss of life and homes in Texas, Bangladesh, India and now the Caribbean, as hurricane Irma slices through those islands on its way to the Florida panhandle, is truly devastating. We would all do well to count our blessings, and in the spirit of compassionate and humane beings, to do what we can to help those less fortunate than ourselves. In the midst of the stress and loss we are experiencing here on our farm, we are heartened by the reality that we are all in this together, regardless of race, religion or creed, and that we are an integral part of a beautiful and unspeakably precious living ecosphere. This ecosphere, alive and evolving, is what has given rise to the diversity of life on this planet and we all need to do more to lessen our negative impact on it.

We were lucky to have a brief shower this past Sunday, receiving about 4 mm of rain. This little bit of precipitation has bought us a few more days of survival for some of our gardens, as we wait patiently for the weather to turn cooler and for some significant rainfall to occur. We have started swathing grain and will be combining and getting that grain into our bins over the next week or so. The gardens are a bit depressing to look at, as the vibrant greens we should still be seeing everywhere fade to drab greens, browns and yellows. Nonetheless, we are still harvesting significant quantities of produce and we hope you will enjoy this week's share!

This week we wanted to bring some attention to Jordan Mang-Wooley. A stalwart and steadfast member of this team, now in his second year, we appreciate Jordan so much for his hard work, dedication, great sense of humour and his ability to brew beer, mead and cider! Thank you Jordan, for your great contributions to Blue Mountain Biodynamic Farms!

What's in Your Box?

- ★ Apples
- ★ Beet Bunch
- ★ Carrot Bunch
- ★ Celery
- ★ Chard
- ★ Cucumber **or** Fennel
- ★ Napa Cabbage
- ★ New Zealand Spinach
- ★ Parsley Bunch
- ★ Potatoes
- ★ Prize Choy
- ★ Summer Squash

Add-on Shares

- ★ Bratwurst Sausage
- ★ Farm Fresh Eggs
- ★ Flower Bouquets
- ★ Whole Chickens

Organic BC Fruit Available this week

- ★ Apples : Sunrise & Zestar – **Cawston (BC)**
- ★ Assorted Melons – **Cawston (BC)**
- ★ Assorted Peppers – **Cawston (BC)**
- ★ Garlic – **Cawston (BC)**
- ★ Onions Walla Walla, Red, Yellow – **Cawston (BC)**
- ★ Peaches – **Cawston (BC)**
- ★ Plums : Early Italian, Black Amber - **Cawston (BC)**
- ★ Shallots – **Cawston (BC)**
- ★ Tomatoes Beefsteak & Roma – **Cawston (BC)**
- ★ Tomatoes Heirloom - **Sunshine Earth Works (AB)**



Bok Choy Hood Ornament



Jordan Mang Wooley ♥



Meat Birds

