



# CSA Newsletter | Week # 15

## Notes from the Field

Hello shareholders!

Finally, the weather deities have allowed us a few decently dry days and we are in the midst of harvesting our grain crops and baling straw. The hail we had in late August has reduced yields somewhat, but overall they are decent, considering the growing season we have had.

Our gardens are still producing well and we are looking forward to helping you all put an incredible spread on the table for Thanksgiving next week.

We want to take the opportunity again, especially as we look ahead to the work to be done in the next 2-3 weeks and the weather in which that work will have to be done, to thank our hard-working team who make all of this happen with us. Jessica, Paul, Frank and Jordan have been an awesome group of farmers this season, in spite of the rather unpleasant and challenging weather conditions we have had almost from the start of the season.

We hope you enjoy this week's share. Happy eating!

### What's in Your Box?

- ★ Arugula
- ★ Beans
- ★ Beet Bunch
- ★ Broccoli
- ★ Carrot Bag 2lb
- ★ Collards
- ★ Iceberg Lettuce
- ★ Leek Bunch
- ★ Parsley
- ★ Potatoes 2 lb
- ★ Romaine Lettuce
- ★ Rutabaga

**In addition to the list above, we have added the 3 items below for our Half-Shareholders, for your 'Thanksgiving Box' :**

- ★ Carrots 3 lbs (total)
- ★ Potatoes 3 lb (total)
- ★ Red Cabbage

### Add-on Shares

- ★ Ground Lamb
- ★ Farm Fresh Eggs

### BC Produce Available this week

- ★ Organic Apples Golden Delicious \$2.00/lb.
- ★ Organic Apples; Ambrosia, Gala, Fuji, Jonagold, Spartan, Empire \$2.25/lb.
- ★ Organic Bell Peppers : \$4.50/lb
- ★ Organic Eggplant : \$3.50/lb
- ★ Organic Garlic \$12.00/lb.
- ★ Organic Grapes \$4.75/lb.
- ★ Organic Onions \$3.00/lb.
- ★ Organic Pears Anjou, Bartlett & Bosc \$2.25/lb.
- ★ Organic Pears Asian \$3.00/lb.
- ★ Organic Shallots \$7.00/lb.
- ★ Organic Sugar Pie Pumpkin : \$2.00/lb
- ★ Organic Tomatoes; Field \$2.50/lb.
- ★ Organic Winter Squash : \$2.00/lb



Kris on the swather (used for cutting grain).



Park Wheat.



Moving the grain bin we use for Oats.

