



## CSA Newsletter | Week # 15

### Notes from the Field

The past week has brought rain, a winter storm which left sizable snow drifts in our garden plots, an overnight low of minus 8 and even a few beautiful days of sunshine. Unfortunately, the snow and cold made it impossible to harvest anything on Monday and Tuesday morning. As a result, we were not able to put as much produce in your shares as we had planned. We hope that nonetheless, the contents of this week's box will please you and perhaps be a part of the Thanksgiving meal many of you will be enjoying this weekend.

While the weather forecast for the next two weeks is rather less than good, we still have lots of things growing and much work to do. We have large quantities of seeds to collect, lots of dead plants to remove from the garden plots and, if the weather stays sufficiently decent, we will likely continue to harvest a few crops for the next 2-3 weeks. In our field crop plots we still have some straw to bale and we hope to get much of our fall tillage done before the end of October. Our season truly does not end here until the ground freezes.

For some of you half shareholders, this will be your last week of the 2017 CSA season. Thank you so much for supporting our efforts at sustainable and regenerative agricultural production. We are truly grateful for your appreciation and understanding of what it takes to grow food in this part of the world and hope that you have been able to learn a few things from your involvement in our Community Supported Agriculture project.

Happy Thanksgiving to you all!

#### What's in Your Box?

- ★ **Brussel Sprouts** (very small and probably not enough for your thanksgiving meal)
- ★ Cabbage
- ★ Carrots
- ★ Chard
- ★ Fingerling Potatoes
- ★ Kale
- ★ Poultry Mix (parsley & sage)
- ★ Rutabaga
- ★ Spinach
- ★ Sunchokes

#### For our Half Shareholders:

- ★ Beet Bunch
- ★ Celery

#### Add-on Shares

- ★ Bone-In Leg Roast
- ★ Farm Fresh Eggs

#### Organic BC Fruit Available this week

- ★ **Apples** : gala, honey crisp, macintosh & September fuji
- ★ **Asian Pears**
- ★ **Garlic**
- ★ **Onions** : Sweet, Yellow & Red Cipollini
- ★ **Pears** : Bosc & Anjou
- ★ **Plums** : Late Italian & French Kiss♥
- ★ **Shallots**
- ★ **Tomatoes** : Roma & Field –
- ★ **Winter Squash** – assorted



Snow Covered Parsley Beds



Snow Drifted Seed Beds



Flower Beds Under Snow