



## CSA Newsletter | Week # 16

### Notes from the Field

This bittersweet day, our last CSA delivery of 2017, has finally arrived, made easier to embrace due to the snow and cold which make harvesting, prepping and packing produce rather less than comfortable, even for the hardy folks who work here. But all good things must come to an end and we are ready for a bit of a respite from the relentlessness of a large garden with serious momentum. Sometime in November, when the seeds are all collected, garden plots cleaned up, field tillage complete for the season, and requisite work done in preparation for the coming winter, we will truly take a break and rest. Then we will begin to plan for next year...

2017 was a challenging year for us, with the excellent start to the season setting us up for the disappointment of underperforming crops due to lack of rain combined with high temperatures. This year is also the first year that we have not either reached or surpassed the target value of our produce shares since we began tracking these figures. We understand better than anyone what factors have resulted in this shortcoming, but it makes it no easier for us as farmers to accept that we have delivered less value in our produce shares than we had planned for.

We want to thank you all again for your understanding and support in this agricultural undertaking. We are so grateful to have gotten to know more of you and to have learned about all the amazing things in which you are all involved. We are truly blessed to have the support of such dynamic individuals and families who are trying to make their communities and the wider world a better place. The community of educated, conscientious eaters of which we are honoured to be a part, is truly a great element within which one can grow and try to manifest incremental but fundamental change in our world.

Much love and gratitude to you all, from all of us at Blue Mountain Biodynamic Farms! We hope to see and feed you all again next year.

#### What's in Your Box?

- ★ Beets
- ★ Cabbage
- ★ Chard
- ★ Kale
- ★ Parsley
- ★ Potatoes - Fingerling
- ★ Potatoes - Table
- ★ Radish
- ★ Romanesco Broccoli
- ★ Spinach

#### Add-on Shares

- ★ Italian Sausage
- ★ Farm Fresh Eggs

#### Organic BC Fruit Available this week

- ★ **Apples** : gala & September fuji
- ★ **Asian Pears**
- ★ **Garlic**
- ★ **Plums** : Late Italian & French Kiss♥
- ★ **Winter Squash** – assorted



Time to Rest



Snow Covered Radish Beds



The Fall Garden is Here

