



## CSA Newsletter | Week # 8

### Notes from the Field

Things continue to be busy here on the farm, as we carry on maintaining the gardens, harvesting produce, keeping livestock happy and prepare for the grain harvest yet to come. Although we did receive about a ½ inch (c. 10 mm) of rain earlier this week, which was certainly of great benefit to all of our crops and our own mental health, it was not sufficient to penetrate more than 2 inches into the earth. The sub-soil, the zone where most of the plants roots are located, is still frightfully dry. The forecast is not terribly promising in terms of further precipitation and with warm to hot weather predicted to continue for some time, we are somewhat anxious about how our crops will fare.

The hot, dry weather has been a bit of a disaster for our peas and beans. While the plants have been incredibly productive, the harvest that should have stretched out over 4-5 weeks has been compressed into 2-3 weeks, and with limited labour some of the peas and beans have simply become over mature too quickly for us to harvest.

We are currently preparing to do one last, large seeding of fall crops and we will need rain not only to get them germinating, but also to grow them to maturity. This is a time where managing the relatively scarce water resource we do have, becomes crucial. We are optimistic that with our drip line set up and automated timers, everything will work out to provide us with delicious greens, choys and radishes right up until the end of the season.

We hope that you enjoy everything in your shares this week. In spite of the heat and dryness, we are quite happy with what we have been able to harvest for you all. Thanks again for all your support!

#### What's in Your Box?

- ★ Beans
- ★ Beet Bunch
- ★ Big Green Wonder Lettuce Mix **with Edible Flowers**
- ★ Broccoli
- ★ Cauliflower
- ★ Choy
- ★ English Peas
- ★ Fennel
- ★ New Zealand Spinach
- ★ Summer Squash

#### Add-on Shares

- ★ Boneless Pork Roast
- ★ Farm Fresh Eggs
- ★ Flower Bouquets

#### BC Fruit Available this week

- ★ Heirloom Tomatoes - **Sunshine Earth Works (AB)**
- ★ Organic Apples (Early gold, Pristine & Williams Pride) – **Cawston (BC)**
- ★ Organic Garlic – **Cawston (BC)**
- ★ Organic Gold Plums - **Cawston (BC)**
- ★ Organic Peaches – **Cawston (BC)**



Beautiful Broccoli this week!



Jordan ♥ is this weeks flower artist.



The biggest one!

