



CSA Newsletter | Week # 12

Notes from the Field

Finally, after such a long run of dry, hot days, the weather has changed and rain has turned soil to mud and brought us relief and hope for the final few weeks of the season. Although our harvesting and packing activities have been a little chilly, our staff and ourselves have been joyously embracing the need for rain gear and underlayers! We are hopeful that we will see a bit of a rebound in some of our garden plots, as the rain should give new vigour to beets, carrots, kale, chard, collards and other greens. It has come too late, however, to redeem the lowly rates of productivity in the potatoes, cabbage, cauliflower and broccoli. We will be doing one last seeding of short season greens this weekend and hope that the weather will yet allow for some good growth of spinach, lettuce, rapini, arugula and Asian greens.

We have managed to harvest all of our barley crop and some of the wheat, and in spite of the drought our yields were surprisingly decent. This is reassuring as we head into the winter with many pigs and chickens to keep fed. A few more warm sunny days will allow us to finish combining oats, wheat and rye and then only baling of straw, fall tillage and some seeding of fall rye will remain to be done in our field crop management.

This week's staff profile is of Paul Brown. Paul is our livestock guy and in his second year at our farm, caring for all of the pigs and chickens and allowing the rest of us to focus on the rest of the farming operation. He and his wife Emily have recently bought a quarter section of land north of Prince Albert, Saskatchewan, and are hoping to apply the knowledge and skills Paul has developed here to their own livestock operation in the near future. Paul is a hard-working, determined individual with a great affection for animals. We know that he and Emily will be hugely successful when they get their own farm going.

We hope that you enjoy the contents of this week's share and look forward to seeing you all soon!

What's in Your Box?

- ★ Beet Bunch
- ★ Broccoli **or** Cauliflower **or** Romanesco
- ★ Carrot Bunch
- ★ Celery
- ★ Choy
- ★ Green Cabbage
- ★ Green Onions
- ★ Iceberg Lettuce
- ★ New Zealand Spinach
- ★ Potatoes
- ★ Steaming Greens Mix

Add-on Shares

- ★ Ground Pork & Pork Tenderloin
- ★ Farm Fresh Eggs
- ★ Flower Bouquets
- ★ Whole Chickens – even week shareholders

Organic BC Fruit Available this week

- ★ Apples : gala & tsugaru – **Cawston (BC)**
- ★ Assorted Melons – **Cawston (BC)**
- ★ Assorted Peppers – **Cawston (BC)**
- ★ Garlic – **Cawston (BC)**
- ★ Onions Walla Walla, Red, Yellow – **Cawston (BC)**
- ★ Nectarines – **Cawston (BC)**
- ★ Plums : Early Italian, Satsuma, Yakima & Duarte – **Cawston (BC)**
- ★ Shallots – **Cawston (BC)**



Beautiful Cosmos



Curly tails = happy pigs



What to do with all them apples?

