



CSA Newsletter | Week # 17

Notes from the Field

Though these days are bright and sunny, there's no mistaking the chill of early morning and late evening as the threat of oncoming winter! We are busy these day getting late crops harvested and contemplating garden clean-up and seed collection. We are all feeling quite blessed to have such mild weather to work in at the present.

Hoping that you all had fantastic Thanksgiving celebrations, as we certainly did!
Happy eating!

What's in Your Box?

- ★ Arugula
- ★ Asian Greens Mix
- ★ Autumn Salad Mix; lettuce, spinach, chard topped with edible flowers
- ★ Broccoli
- ★ Carrot bag – 2 lbs.
- ★ Cauliflower
- ★ Celery
- ★ Cilantro
- ★ Potatoes – 3 lbs.

Add-on Shares

- ★ Goat Chops + Stewing Meat
- ★ Whole Frozen Chicken
- ★ Apple Jelly
- ★ Rye Flour
- ★ Farm Fresh Free Range Eggs

BC Fruit Available this week

- ★ Gold & Red Delicious & Spartan Apples
- ★ Asian Pears
- ★ Field & Roma Tomatoes
- ★ Yellow Onions



Goats on Pasture



Apple Jelly



Asian Greens

